

Nancy McWilliams, Jonathan Shedler

Master class: Understanding Personality Patterns in Psychotherapy

This master class will familiarize participants with psychoanalytic concepts of personality style and personality level of organization, as described in the new *Psychodynamic Diagnostic Manual, 2nd Edition* (PDM-2; Guilford, 2017). We will focus on applying knowledge about personality style and level to practical clinical dilemmas, with emphasis on the challenges posed by borderline and psychotic levels of personality organization. We will also explore the dynamics of depressive, self-defeating, and narcissistic personalities and strategies for effective treatment.