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Postmodernism in Psychotherapy

Postmodernity is more and more (though not necessarily in a brighter and brighter way) present in the daily life and carries along several unsettling phenomena. At the same time one can have an impression that in the field of individual and families psychotherapy the climate of postmodern doubting, multiversity and scepticism towards existing dogmas can be creative and inspiring for many therapeutic modalities.

The aim of this debate is to encourage the search for answers to the following question: how to separate the wheat from the chaff in postmodernism?