

**Wojciech Eichelberger**

**Ego as an object. Crises of Identity or Consciousness Shift?**

There are many different ways people experience and express their Egos: Ego as a true identity, Ego as a nuisance, Ego as a useful tool, Ego as the original sin and the root of all suffering, Ego as a prison, Ego as an illusion. It seems that less and less people consider their Ego a true identity. It raises a question who or what is a real subject. Should psychotherapy deal with such an issue? How it applies to the crises of our civilization?